

YOUR MEDICAL HISTORY page 1

1 Patient information

Chart # _____

Today's Date _____

Referring Doctor _____

Last Name _____ First Name _____ MI _____

Date of Birth (M/D/Y) _____ Age _____

Sex (M/F) _____ Height _____ Weight _____

Marital Status: Single Married Divorced Widowed

2 Your symptoms

Are your symptoms mostly in back, neck or elsewhere? _____

How long have you had these symptoms?

≤ 6 weeks ≥ 7 - 12 weeks 4 months or more

Do you have pain radiating past your knee or elbow? Yes No

Does your leg or arm ever go numb? Yes No

Have you lost bowel or bladder control? Yes No

The pain is: Constant It comes & goes

Does your pain wake you up at night? Yes No

What things makes the pain better? (rest, ice, heat, pills) _____

What makes the pain worse? (sitting, standing, lifting) _____

Do you have pain that radiates into the arm or leg? Yes No

(If yes, describe) _____

Lost any control over bowel or bladder functions? Yes No

(If yes, describe) _____

Any weakness or numbness in an arm or leg? Yes No

(If yes, describe) _____

How long can you: _____ Sit _____ Stand _____ Walk

Is your pain the result of a: Fall Auto accident Other (list) _____

3 Current status

Is there a law suit pending on problem? Yes No

Which of the following describes you currently?

Working; if yes: Full duties Limited

Not working because of back or neck problem

Not working because of another health problem

Homemaker, retired or unemployed

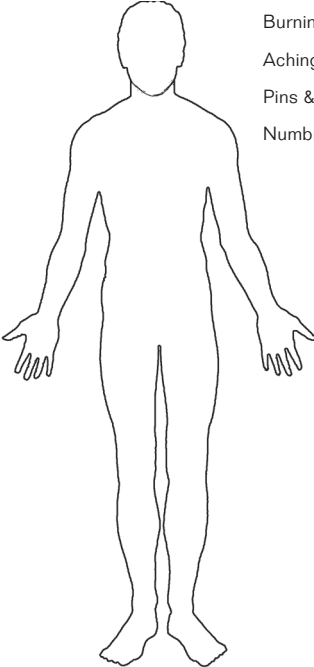
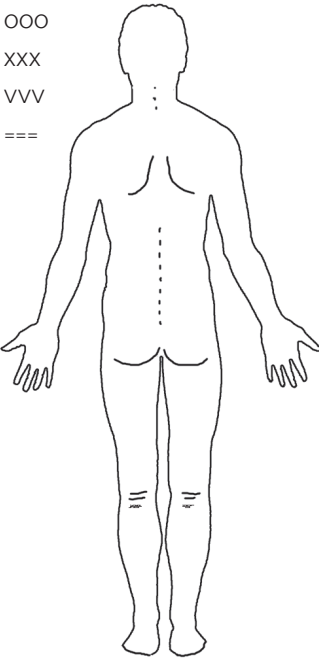
How long have you been at that job? _____

Does your job require lifting, standing, sitting? Yes No

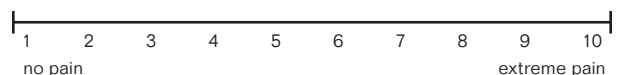
Employer at time of injury _____

4 Your pain

Draw your pain on the diagrams shown. Use the corresponding symbols to show the type of pain you feel.

FRONT		BACK
	Stabbing pain ///// Burning pain OOO Aching pain XXX Pins & needles VVV Numbness ===	

Circle your pain level on a scale of 1 to 10, with 10 being unbearable pain.



YOUR MEDICAL HISTORY page 2

5 Previous treatments & tests

Name of the doctor that treated you FIRST for this problem and the city. _____

Have you seen a spine surgeon in the past? Yes No If **YES**, please provide the name of the surgeon _____

What treatments did you have? _____

What tests have you had? CT scan MRI X-ray EMG
 Other (list) _____

Did you have any injections for your problem? Yes No
 (If yes, describe) _____

Did these injections help? Yes No
 (If yes, describe) _____

Did you have previous back or neck surgery? Yes No
 (If yes, describe) _____

List any other PREVIOUS SURGERIES you had, and dates: _____

Have you ever had a blood transfusion? Yes No
 (If yes, describe) _____

Did you have physical therapy before for your problem? Yes No
 (If yes, describe) _____

Did this therapy help? Yes No
 (If yes, describe) _____

Do you do any special exercises for your back or neck? Yes No
 (If yes, describe) _____

List any medications you are taking: _____

What other medications have you tried? _____

What do you hope we can accomplish today? _____

What other concerns do you have? _____

6 Your health

List any ALLERGIES you have to medications, foods, etc. _____

Do you have any adverse reactions to anesthesia? Yes No

(If yes, describe) _____

Do you smoke? Yes No (If yes, how many packs a day?) _____

Do you drink alcohol? Yes No (If yes, how many days a week?) _____

Do you have any of the following medical problems:

AIDS/HIV Yes No Nerve problems Yes No

Arthritis or joint pain Yes No Psychiatric problems Yes No

Bleeding disorders Yes No Stomach problems Yes No

Cancer Yes No Thyroid problems Yes No

Diabetes Yes No Anxiety/Depression Yes No

Epilepsy Yes No Recently, have you had...

Heart problems Yes No Fever or chills Yes No

Hepatitis Yes No Weight loss Yes No

High blood pressure Yes No Chest pain Yes No

Migraines/headaches Yes No Shortness of breath Yes No

Muscle diseases Yes No Worse pain at night Yes No

Swollen ankles Yes No Night sweats Yes No

Other problems: _____

7 Your family history

Do any family members have a history of:

Back/neck problems Yes No Hepatitis Yes No

AIDS/HIV Yes No High blood pressure Yes No

Arthritis or joint pain Yes No Migraines/headaches Yes No

Bleeding disorders Yes No Muscle diseases Yes No

Cancer Yes No Nerve problems Yes No

Diabetes Yes No Psychiatric problems Yes No

Epilepsy Yes No Stomach problems Yes No

Heart problems Yes No Thyroid problems Yes No

Other problems? _____

Reviewed _____ Date _____