

**\*\*Referring DR:** \_\_\_\_\_

**\*\*Primary Care DR:** \_\_\_\_\_

## PERSONAL INFORMATION

1

### Patient information

Today's Date \_\_\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Personal Phone # \_\_\_\_\_ Work Phone # \_\_\_\_\_

Email \_\_\_\_\_

Social Security # \_\_\_\_\_ Medicare # \_\_\_\_\_

Marital Status:  Single  Married  Divorced  Widowed

Date of Birth (M/D/Y) \_\_\_\_\_ Age \_\_\_\_\_

Ethnicity \_\_\_\_\_ Sex (M/F) \_\_\_\_\_

Occupation (If retired, list prior occupation) \_\_\_\_\_

\_\_\_\_\_

Employer's Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Telephone # \_\_\_\_\_

Name of Personal Doctor \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

2

### Person responsible for payment

(Leave blank if same as patient)

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Personal Phone # \_\_\_\_\_ Work Phone # \_\_\_\_\_

Social Security # \_\_\_\_\_

Date of Birth (M/D/Y) \_\_\_\_\_ Age \_\_\_\_\_ Sex (M/F) \_\_\_\_\_

Occupation (If retired, list prior occupation) \_\_\_\_\_

\_\_\_\_\_

Employer's Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

3

### How did you hear of us?

Friend/Relative
  Newspaper/Magazine
  Yellow pages
  Internet
  Insurance directory
  Referral - Dr. name \_\_\_\_\_

4

### Insurance information

Primary Insurance _____ Policy # _____ Group # _____ Claims Address _____ City _____ State _____ Zip _____ Insurance Telephone # _____ Name of Policy Holder _____	Secondary Insurance _____ Policy # _____ Group # _____ Claims Address _____ City _____ State _____ Zip _____ Insurance Telephone # _____ Name of Policy Holder _____
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## If applicable, WORK-RELATED INJURY REPORT FORM

### 1 Universal injury or accident statement

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_ Today's Date \_\_\_\_\_

Please complete the following statement. Most insurance companies request accident details and this may be forwarded with your insurance claim or provided to an adjuster to complete your claim. Please complete the sections that apply to your injury and sign at the bottom of the form.

Date of injury \_\_\_\_\_

Place where injury occurred (work, home, parking lot, car, friend's house, etc.) \_\_\_\_\_

### 2 Please describe how the injury or accident occurred

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### 3 Work related injury

Was the injury work related?     Yes     No    (If yes, complete this section)

Name of Employer \_\_\_\_\_

Telephone # \_\_\_\_\_

Employer's Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Workman's Compensation Carrier \_\_\_\_\_

Policy # \_\_\_\_\_ Group # \_\_\_\_\_

Claims Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

### 4 Third party liability settlement

Is there a possible third party liability settlement? (e.g., auto, homeowners, property)

Yes     No    (If yes, complete this section)

Name of Insurance \_\_\_\_\_

Telephone # \_\_\_\_\_

Adjuster's Name (if known) \_\_\_\_\_

Telephone # \_\_\_\_\_

### 5 Authorization

I certify that this information is true and accurate. I hereby authorize the release of a copy of this form as may be necessary to obtain reimbursement from any insurance company which may request information regarding my injury and the nature of the treatment. I also understand that I am responsible for responding promptly to my insurance carrier if they request any additional information, and that failure to provide requested information may categorize my treatment as a "non-covered" service and may make me personally liable for the medical charges incurred.

Patient Name (or signature of responsible party) \_\_\_\_\_ Today's Date \_\_\_\_\_

## YOUR MEDICAL HISTORY page 1

### 1 Patient info

Name \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_

Right or Left Handed \_\_\_\_\_

### 2 Your symptoms

Are your symptoms mostly in back, neck or elsewhere? \_\_\_\_\_

How long have you had these symptoms?

≤ 6 weeks       ≥ 7 - 12 weeks       4 months or more

Do you have pain radiating past your knee or elbow?       Yes       No

Does your leg or arm ever go numb?       Yes       No

Have you lost bowel or bladder control?       Yes       No

The pain is:       Constant       It comes & goes

Does your pain wake you up at night?       Yes       No

What things makes the pain better? (rest, ice, heat, pills) \_\_\_\_\_

What makes the pain worse? (sitting, standing, lifting) \_\_\_\_\_

Do you have pain that radiates into the arm or leg?       Yes       No

(If yes, describe) \_\_\_\_\_

Lost any control over bowel or bladder functions?       Yes       No

(If yes, describe) \_\_\_\_\_

Any weakness or numbness in an arm or leg?       Yes       No

(If yes, describe) \_\_\_\_\_

How long can you:      \_\_\_\_\_ Sit      \_\_\_\_\_ Stand      \_\_\_\_\_ Walk

Is your pain the result of a:       Work Injury       Auto accident

Other (list) \_\_\_\_\_

### 3 Current status

Is there a law suit pending on problem?       Yes       No

Which of the following describes you currently?

Working; if yes:       Full duties       Limited

Not working because of back or neck problem

Not working because of another health problem

Homemaker, retired or unemployed

How long have you been at that job? \_\_\_\_\_

Does your job require lifting, standing, sitting?       Yes       No

Employer at time of injury \_\_\_\_\_

### 4 Previous treatments and tests

Name of the doctor that treated you FIRST for this problem and the city. \_\_\_\_\_

Have you seen a spine surgeon in the past?       Yes       No      If **YES**, please provide the name of the surgeon \_\_\_\_\_

What treatments did you have? \_\_\_\_\_

Have you ever been hospitalized? Explain: \_\_\_\_\_

What tests have you had?       CT scan       MRI       X-ray       EMG

Other (list) \_\_\_\_\_

Did you have any injections for your problem?       Yes       No

(If yes, describe) \_\_\_\_\_

Did these injections help?       Yes       No

(If yes, describe) \_\_\_\_\_

## YOUR MEDICAL HISTORY page 2

### 5 Previous treatments & tests

Did you have previous back or neck surgery?  Yes  No  
 (If yes, describe) \_\_\_\_\_

List any other PREVIOUS SURGERIES you had, and dates: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Have you ever had a blood transfusion?  Yes  No  
 (If yes, describe) \_\_\_\_\_

Did you have physical therapy before for your problem?  Yes  No  
 (If yes, describe) \_\_\_\_\_

Did this therapy help?  Yes  No  
 (If yes, describe) \_\_\_\_\_

Do you do any special exercises for your back or neck?  Yes  No  
 (If yes, describe) \_\_\_\_\_

List any medications you are taking: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

What other medications have you tried? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

What do you hope we can accomplish today? \_\_\_\_\_  
 \_\_\_\_\_

What other concerns do you have? \_\_\_\_\_  
 \_\_\_\_\_

### 6 Your health

List any ALLERGIES you have to medications, foods, etc. \_\_\_\_\_  
 \_\_\_\_\_

Do you have any adverse reactions to anesthesia?  Yes  No

(If yes, describe) \_\_\_\_\_

Do you smoke?  Yes  No (If yes, how many packs a day?) \_\_\_\_\_

Do you drink alcohol?  Yes  No (If yes, how many days a week?) \_\_\_\_\_

Have you had problems with drugs? Please explain. \_\_\_\_\_

Do you have any of the following medical problems:

AIDS/HIV  Yes  No      Nerve problems  Yes  No

Arthritis or joint pain  Yes  No      Psychiatric problems  Yes  No

Bleeding disorders  Yes  No      Stomach problems  Yes  No

Cancer  Yes  No      Thyroid problems  Yes  No

Diabetes  Yes  No      Anxiety/Depression  Yes  No

Epilepsy  Yes  No      Recently, have you had...

Heart problems  Yes  No      Fever or chills  Yes  No

Hepatitis  Yes  No      Weight loss  Yes  No

High blood pressure  Yes  No      Chest pain  Yes  No

Migraines/headaches  Yes  No      Shortness of breath  Yes  No

Muscle diseases  Yes  No      Worse pain at night  Yes  No

Swollen ankles  Yes  No      Night sweats  Yes  No

Other problems: \_\_\_\_\_

### 7 Your family history

Do any family members have a history of:

Back/neck problems  Yes  No      Hepatitis  Yes  No

AIDS/HIV  Yes  No      High blood pressure  Yes  No

Arthritis or joint pain  Yes  No      Migraines/headaches  Yes  No

Bleeding disorders  Yes  No      Muscle diseases  Yes  No

Cancer  Yes  No      Nerve problems  Yes  No

Diabetes  Yes  No      Psychiatric problems  Yes  No

Epilepsy  Yes  No      Stomach problems  Yes  No

Heart problems  Yes  No      Thyroid problems  Yes  No

Other problems? \_\_\_\_\_

Is your Mother Living or Deceased? (Please circle one)

Is your Father Living or Deceased? (Please circle one)

## CONSENT FORM

### 1 Financial agreement

I hereby give authorization for payment of insurance benefits to be made directly to the provider and any assisting physicians for services rendered. I understand that I am financially responsible for all charges whether or not they are covered by insurance. In the event of default, I agree to pay all costs of collection and reasonable attorney's fees.

I hereby authorize this health care provider to release all information necessary to secure the payment of benefits. I further agree that a photocopy of this agreement shall be as valid as the original.

Insurance authorization must be obtained before a patient is seen. If I do not inform the physicians seen in this clinic of my current insurance and the insurance is denied because of no authorization, I will be responsible for payment. If authorization is not obtained from the insurance company before my scheduled appointment and I still choose to see the doctor, I will be responsible for the bill at the time of service.

Patient Name \_\_\_\_\_

Signature of responsible party \_\_\_\_\_

Today's Date \_\_\_\_\_

### 2 Consent for minor

I grant the physicians associated with the practice the authority to administer treatments and perform such procedures as may be deemed necessary for the patient.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Relationship to patient \_\_\_\_\_

### 3 Notice of privacy practices

I hereby acknowledge that I received a copy of this medical practice's Notice of Privacy Practices. I further acknowledge that a copy of the current notice will be posted in the reception area. I will be offered a copy of any amended Notice or Privacy Practices.

Signature \_\_\_\_\_ Date \_\_\_\_\_

If not signed by the patient, please indicate the relationship between the signee and the patient:

- Parent or guardian of minor patient
- Guardian or conservator of an incompetent patient
- Beneficiary or personal representative of deceased patient

## **PRIVACY NOTICE | YOUR PERSONAL HEALTH INFORMATION**

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please read it carefully. We understand that the privacy of your personal information is important to you. As your physician, we believe your right to privacy is a fundamental part of your treatment; as such, we want you to understand our privacy practices and procedures. Should you have any questions regarding these policies please do not hesitate to ask us. We need to collect personal information about you and your family as part of our registration process, during the course of your care, and from other health care entities you utilize such as hospitals, laboratories, other physicians, imaging facilities and your insurance company. This personal information includes items such as your name, address, phone number, birth date, social security number, employer, health history, insurance policy and coverage information and any information you provide via our website. During the course of your treatment we will collect health information regarding diagnosis, treatment plans, progress and any test results or films.

### **HOW YOUR INFORMATION IS USED**

The personal and health information gathered may be used and disclosed with your general consent for purposes of treatment, payment, or routine healthcare operations. This means we may send your information to other physicians or facilities involved in your treatment as well as to your insurance company or a collection agency to obtain payment. Any other uses of your information require a signed authorization by you, the patient or guardian and can be revoked in at any time with a written request. We do not sell patient information to marketing or pharmaceutical companies. In certain cases of public health interest we may be required to disclose certain information to local, state or national health organizations or government agencies. We may contact you to provide appointment reminders or information about treatment alternatives or other health related-benefits and services that may be of interest to you.

### **SAFEGUARDING YOUR PERSONAL AND HEALTH INFORMATION**

We are required by law to (1) make sure that medical information that identifies you is kept private (2) provide you with our privacy policy (3) follow the terms laid out in the privacy policy. As a means of protecting your privacy, we restrict access to your personal and health information to only those employees who require the information to complete their jobs and provide quality service to you. We maintain physical, electronic and procedural safeguards to comply with state and federal regulations that guard your personal and health information. If you feel your privacy has been violated you have that right to file a complaint with the Department of Health and Human Services. The complaint in no way influences your course of treatment. You have the right to request restrictions to our uses or disclosures of your personal or health information, although we are not required to agree to those restrictions. Once your request has been processed it will remain in effect until you request a change.

I have received a copy of this Privacy Policy.

Patient Name (printed): \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## **OUR PAIN MEDICATION POLICY**

In the course of your treatment, you may receive pain medications. However, all physicians are required by federal law to follow stringent policies related to the use of prescription drugs, especially narcotics.

Consequently, all patients need to make arrangements to obtain any necessary prescription refills prior to the weekend. We will not provide pain prescriptions or pain prescription refills during the weekend which begins each Friday at noon and ends the following Monday at 8:30 a.m.

The goal of our spine center is to help patients become less dependent on pain medications. Consequently, our policy is to NOT provide prescription refills by phone. So you may need to see the physician or the physician assistant to make these arrangements. Please call at least four days prior to your last dose. This will assure the most prompt response to your request. Do not wait until the day your medication runs out. Our clinical staff needs sufficient time to review your request for refill.

### **URINE DRUG SCREENS**

This office will obtain urine drug screens at initial office visit and follow up visits as deemed medically necessary at the providers discretion.

### **USE ONE PHARMACY**

Using the same pharmacy helps assure that the pharmacy will stock your medication for refills and that the pharmacy will know that you have a legitimate need for pain medication. Consequently, it is in your best interest to use only ONE pharmacy for refills of your pain medication.

### **PROTECT YOUR MEDICATION FROM LOSS**

You are personally responsible for the safekeeping of your medication. Please do not sell, trade or give it away. If your medication is damaged, stolen or lost you must notify us right away.

Please do not seek pain medication from any other doctor unless approved by our clinical staff. Let us know if at any time another doctor prescribes medication for you.

The above restrictions apply a variety of prescription drugs, including, but not limited to:

1. Narcotics. (Example include, Vicodin, Percocet, Oxycontin & Codeine)
2. Non-Steroidal Anti-Inflammatory drugs, "NSAIDS". (Example include, Motrin, Celebrex & Naprosyn)
3. Non-narcotic and other Pain Medicine. (Example include, Ultram or Darvocet)
4. Muscle Relaxants. (Example include, Flexeril or Soma)

Permission is granted for this provider to view my prescription history from external sources. Please sign and print name below.

**Date** \_\_\_\_\_ **Signature** \_\_\_\_\_

**Print Name** \_\_\_\_\_

## **VA/DoD Clinical Practice Guideline for the Management of Opioid Therapy for Chronic Pain Appendix C: Agreement**

1. I understand that my provider and I will work together to find the most appropriate treatment for my chronic pain. I understand that the goal of treatment are not to completely eliminate pain but to partially relieve my pain in order to improve my ability to function. Chronic opioid therapy is only ONE part of my overall pain management plan.
2. I understand that my provider and I will continually evaluate the effect of opioids on achieving the treatment goals and make changes as needed. I agree to take the medication at the dose and frequency prescribed by my provider. I agree not to increase the dose of opioids on my own and understand that doing so may lead to the treatment with opioids being stopped.
3. I understand that the common adverse effects of opioid therapy include constipation, nausea, sweating and itchiness of the skin. Drowsiness may occur when starting opioid therapy or when increasing the dosage. I agree to refrain from driving a motor vehicle or operating dangerous machinery until such drowsiness disappears.
4. I will not seek opioid medications from another physician. Regular follow-up care is required and only my provider will prescribe these medications for me at scheduled appointments.
5. I will attend all appointments, treatments and consultations as required by my providers. I will attend all pain appointments and follow pain management recommendations.
6. I will not give or sell my medication to anyone else, including family members; nor will I accept any opioid medication from anyone else. I agree to be responsible for the secure storage of my medication at all times. If these medications are stolen, I will report this to the police and my provider and I will produce a police report of this event.
7. I understand that if my prescription runs out early for any reason (for example, if I lose the medication or take more than prescribed), my provider will not prescribe extra medication for me. I will have to wait until the next prescription is due.
8. I understand that the use of other medications can cause adverse effects or interfere with opioid therapy, Therefore, I agree to notify that if necessary I will notify my provider of the use of all substances, including marijuana, alcohol, tranquilizers and all illicit drugs.
9. I agree to periodic unscheduled drug screens.
10. I understand that I may become dependent on opioid medications, which in a small number of patients may lead to addiction; I agree that if necessary, I will permit referral to addiction specialists as a condition of my treatment plan.
11. I understand that my failure to meet these requirements may result in my provider choosing to stop writing opioid prescriptions for me. Withdrawal from the medications will be coordinated by the provider and may require specialist referrals.
12. I hereby agree that my provider has the authority to discuss my pain management with other health care professionals and my family members when it is deemed medically necessary in the provider's judgment.

Please date, sign and print name below.

**Date** \_\_\_\_\_ **Patient Signature** \_\_\_\_\_

**Print Name** \_\_\_\_\_